



# Simplify Your Spiritual Life: Spiritual Disciplines for the Overwhelmed

*Donald S Whitney*

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## **Simplify Your Spiritual Life: Spiritual Disciplines for the Overwhelmed** Donald S Whitney

Jesus faced incredible challenges and suffered agonizing trials, but there was simplicity in His relationship with His Father that we can emulate. And in that simplicity, we can realize our greatest fulfillment as believers. If your Bible study seems tedious and your prayer life wearisome, stop and rediscover how rewarding the simple Christian life can be.

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