

Baking Soda Cure: Discover the Amazing Power and Health Benefits of Baking Soda, its History and Uses for Cooking, Cleaning, and Curing Ailments

Ella Marie

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The Undeniable Power of Baking Soda Revealed!

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"Baking Soda Cure" is THE go-to book detailing the history and use of baking soda, as well as the COUNTLESS benefits of using this powerful substance as a multipurpose cleaner in order to enrich your life and create a cleaner, healthier environment for yourself and those around you. Filled with interesting facts and helpful tips, "Baking Soda Cure" explores the effect toxins have on our health and our environment and explains how incorporating baking soda into your daily life in ways that are simple, practical, and cost-effective can significantly improve your quality of life.

This book serves as a comprehensive guide to the role baking soda plays in helping us continue our efforts to live a life of sustainability while improving our overall health and well-being. This will go a long way in ensuring a better planet on which to live for generations to come.

Here's A Sneak Preview of What You'll Find Inside:

- The history and scientific formula for baking soda
- Information regarding pH balance
- Benefits of baking soda in cooking and cleaning
- The necessity of a switch to greener living
- Baking soda as a fire extinguisher
- A plethora of other, surprising uses for baking soda
- Fun and interesting experiments using baking soda
- Myth busting and confirming facts about baking soda
- Odor eliminating hacks to help you breathe a sigh of relief
- Baking soda in your first aid kit?
- And so much more!

You will also learn how baking soda can save you so much money each and every year by substituting toxic, dangerous cleaning products!

If you spend a large amount of time (and cash) cleaning up your home, then this book will open your eyes to easier, more cost-effective solutions... not to mention the many health benefits of doing so. If you find yourself dealing with insects and their bites or stings on a regular basis, then this book will provide some much needed relief. If you find yourself frustrated with produce that goes bad far too quickly and often is more harmful than good for you, then this book will help you find the answers you seek. If aching muscles and tired feet are harassing you, then this book is for you. If you are the unfortunate victim of a skunk encounter gone terribly wrong, then this book is definitely for you. If you have a box of baking soda just sitting in your cabinet, why not take a moment and read about the many benefits of opening it up and seeing what it can do for you, your home, and your family?

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Leslie Padilla:

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Susan Demar:

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