



Deconstructing Psychotherapy

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Deconstructing Psychotherapy

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`I enjoyed this book, and think that it should find a grateful and attentive readership in the practical field as well as being a central text in academic settings. It will also be well received by those, like myself, for whom the interest is more in deconstructing than psychotherapy' -*Dialogues*

This book takes the discursive and postmodern turn in psychotherapy a significant step forward and will be of interest to all those working in mental health who are concerned with challenges to oppression and processes of emancipation. It achieves this by: reflecting on the role of psychotherapy in contemporary culture; developing critiques of language in psychotherapy that unravel its claims to personal truth

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