



# **Jolt: Shake Up Your Thinking and Upgrade Your Impact for Extraordinary Success**

*Richard Tyler*

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"Jolt!" Provides the burst of fresh thinking needed to upgrade yourself from ordinary to extraordinary. Are your habits and limiting beliefs holding you back in your professional and personal life? Are you stuck stagnating in your comfort zone? "What you need is a jolt."

Organizations are no longer looking for people who turn up and do a good job; they are looking for the extraordinary. So it's time to get motivated, be positive and make exceptional things happen. "Jolt" will help you recognize that in many situations it's not a lack of skill that's holding you back but your own limiting beliefs and habitual thinking. Deep within all of us lies an inner spark to be unleashed, if only we can find the way to shape our thinking, carve out the right action, and rock the world.

"Jolt" will show you how to: - Shake up your thinking, embrace the new and unleash the extraordinary version of yourself- Help make a sustainable gear change- Recognize the habits and limiting beliefs holding you back- Test out new ways of thinking and doing things

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