

# Living Courageously: An inspirational lifestyle guide for women designed to coach you into living beyond your right now moment

Ms Vanessa D Robinson

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This inspiring read will activate your heart into believing there are opportunities waiting for you to experience no matter what stage or season of life you find yourself, "Living Courageously" will be an uplifting resource providing guidance and inspiration. You will joyfully discover through my coaching and sharing wisdom along with practical applications, that this life we have been bless with has wonderful encounters for you and I to treasure and look forward to beyond the challenges and trials of everyday life. This life style guide will encourage you with all its "V" Expressions such as: "Our minds are bombarded by all sorts of thoughts; only take ownership of the thoughts that will fuel your growth, joy and peace. Reject those thoughts that distress and distract you from moving forward. You can do it, just keep moving." This lifestyle guide includes: \*12 months of "V Expressions" that will encourage and enlighten you as you discover unique path. \* Each segment will give you a "Living Courageously" reflective life point to keep your mind engaged. \* Living Courageously application to positively provoke you to action so you can EXPERIENCE REAL RESULTS! \* Supporting scriptures that add to your faith and build your confidence. Ultimately, you will embrace this truth; that there are exciting moments with your name on it waiting just for you, if you dare take a chance to look beyond your present existence. "Living Courageously" will be that catalyst working with you and for you becoming the fuel you need to ignite all those possibilities that live in your hopes and dreams waiting to come forth out of you.



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