



# **Flat Belly Fruit Infused Water: 25 delicious fruit infused water recipes to detox your body and shrink belly fat (Flat belly series Book 1)**

*Olivia Madison*

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## **Delicious fruit infused water to aid weight loss and flatten your belly**

Drinking water regularly goes a long way to helping you lose weight, so it should become a vital part of your weight loss regimen. However a lot of people fail to drink the recommended 2 litres of water each day. By infusing natural flavours into water to create tasty and flavourful drinks, drinking 2 litres of water a day becomes an easy and achievable goal. This ebook is full of delicious fruit infused water recipes that not only rid your body of toxins but also helps to flush fat from your body as well.

Whether you're trying to lose weight or just want to feel and look healthier, then incorporating fruit infused water into your diet is one of the best and easiest ways to rid your body of harmful toxins, cleanse your body and in the process lose weight and shrink your waist line.

## **Why should I download this book?**

This book will show you the key fruits and herbs that when incorporated with water will boost your weight loss regimen, cleanse and detox your body and increase your energy levels.

## **Download this book now, and start losing weight the easy and natural way**

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