



# Art Therapy Practice: Innovative Approaches with Diverse Populations

*Harriet Wadson*

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## **Art Therapy Practice: Innovative Approaches with Diverse Populations** Harriet Wadeson

Incorporate both traditional and new techniques of art therapy into your clinical work. Changes in society have shaped the field of art therapy and fueled its expansion into new environments, where innovative approaches are essential in order to meet the needs of a new generation of clients. Written by Harriet Wadeson, a pioneer and expert in the field of art therapy, *Art Therapy Practice* offers you a broad view of this growing profession, demonstrating art therapy's great diversity and covering all the clinical settings in which it is and can be used. Featuring case examples and client artwork, this book provides clear instruction on both the classic and contemporary techniques necessary for working with children, adolescents, and adults. Covering a wide variety of presenting problems, including developmental delay, sexual abuse, homelessness, and more, Wadeson also presents fresh ways of working with a new population of clients--from inner-city youths plagued by violence and abuse, to individuals suffering from Alzheimer's or AIDS, to those in outpatient treatment facilities. Insight and activities for helping these new and evolving patient groups is provided, along with a section devoted to specific art therapy projects utilizing a variety of media. *Art Therapy Practice* will stimulate your creativity and help you encourage it in your clients--in their art and in their lives.

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