



Patterns of Practice: Mastering the Art of Five Element Acupuncture

Nora Franglen

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Rather than simply a different version of western medical practice, acupuncture, as the author of this thoughtful and challenging book shows, is based on a different philosophy and leads down directly into the deepest areas of human experience. Based on many years as a five element practitioner, Nora Franglen explores the way in which the practice of acupuncture enlarges the experience and understanding of the practitioner. She shares, through case study and reflection, some of the larger questions and insights that emerge from a dedicated approach to this form of healing work.

Her insights and astute observations will encourage acupuncturists of any style as well as other therapists to reflect on their own practices, their relationships with their patients, and their fears. They also shed further light on the expression of the five elements within us all.

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