



# A Real Guide to Really Getting It Together Once and for All: (Really)

*Ashley Rickards*

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# A Real Guide to Really Getting It Together Once and for All: (Really)

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**A Real Guide to Really Getting It Together Once and for All: (Really)** Ashley Rickards  
THIS IS NOT YOUR MOM'S GUIDE TO LIFE.

SOMETIMES BEING A GIRL SUCKS. A lot. Take it from Ashley Rickards, star of the internationally popular MTV show *Awkward.*, who used to be a little awkward herself. She's been picked on and bullied, binged and purged, financially cut off and lived to tell the tale. But it wasn't easy. Throughout the whole process, she felt alone, scared, confused and sorta hungry. Sound familiar?

Well, RELAX. Ashley is here to share all kinds of stories, advice and corny jokes to help get you through it all, kind of like the cool big sister you never had (or wish your sister was). Plus, professional experts like spiritual coach Deepak Chopra, finance expert Zac Bissonnette and celebrity trainer Lalo Fuentes offer their tricks of the trade and behind-the-scenes secrets so you'll be well-versed in *Pretty Much Everything About Everything*.

You'll learn stuff like:

How to discover your talents and go after what you really want

How to eat right and work out for your body type

All the skin/hair/makeup/fashion tips you'll ever need to look like a rock star (or other kind of star)

Decorating your room to suit your style and organizing your crap so you're on top of life  
Tips for making, saving and spending money

Getting along with your family and friends—no drama allowed

Most important: how to learn to love yourself (seriously, guys)

Whatever you need to know, *A Real Guide to Really Getting It Together Once and for All* has it all so that you can discover your true self, define your own mold and kick ass along the way.

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Have you spare time for any day? What do you do when you have far more or little spare time? Yes, you can choose the suitable activity for spend your time. Any person spent their spare time to take a stroll, shopping, or went to often the Mall. How about open or read a book allowed A Real Guide to Really Getting It Together Once and for All: (Really)? Maybe it is to get best activity for you. You already know beside you can spend your time using your favorite's book, you can smarter than before. Do you agree with their opinion or you have additional opinion?

#### **Antoinette Hogg:**

A lot of people always spent their own free time to vacation or go to the outside with them loved ones or their friend. Are you aware? Many a lot of people spent these people free time just watching TV, as well as playing video games all day long. If you need to try to find a new activity this is look different you can read a book. It is really fun for you personally. If you enjoy the book which you read you can spent all day long to reading a e-book. The book A Real Guide to Really Getting It Together Once and for All: (Really) it doesn't matter what good to read. There are a lot of those who recommended this book. They were enjoying reading this book. When you did not have enough space to bring this book you can buy the particular e-book. You can m0ore simply to read this book from a smart phone. The price is not too costly but this book offers high quality.

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