

# **Physiotherapy Management of Haemophilia**



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The management of haemophilia has changed enormously over the last 30 years. Early and adequate treatment of bleeds and prophylactic programmes have ensured that recovery is more complete and the devastating effects of arthropathy are minimized. However, despite these developments, many patients still present with bleeds, chronic synovitis and arthropathy due to inadequately managed bleeds in the past and, therefore, physiotherapy remains an important aspect of treatment. Physiotherapy Management of Haemophilia provides a comprehensive overview of the physiotherapy treatment concepts and management strategies currently available that can be incorporated into the management programmes for patients with haemophilia. It is written by physiotherapists with a broad range of experience of haemophilia, based on their clinical experience and supported by evidence from the relevant literature. This book is essential reading for the physiotherapist responsible for the treatment of patients with haemophilia. It will, however, also be a valuable source of reference for doctors, nurses, orthopaedic surgeons and counsellors.

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