



# The Allergy Epidemic: Understanding and Treating Environmental Allergies

*Steve Petty MD*

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## **The Allergy Epidemic: Understanding and Treating Environmental Allergies** Steve Petty MD

Allergies seem to spread like the black plague of the dark ages, so many people are complaining about them. Many do not realize how bad the epidemic is until they develop environmental allergies and it interferes with social, leisure, school or work activities. This book tries to teach the reader to understand environmental allergies, its treatment options with modern western medicine, and alternative therapies. • Evidence suggest the incidence of allergies and asthma has doubled in the last 20 years. • Over 50 million people in the United States have allergic rhinitis, or an allergic disease. • The United States Department of Health Care reports that Allergic Rhinitis (hay fever) is the single most chronic disease experienced by human beings. • Allergic diseases are now the fifth most common chronic disease in adults and the most common chronic disease in children

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