



Autoimmune Cases - Naturally!: Treating Autoimmune Disorders Using Energy Psychology & Naturopathy

Anne I Merkel PhD

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Almost 80 million people in the US now suffer with autoimmune disorders, and many are not satisfied with the “Life Sentence of Suffering and Taking Meds”. They are looking for natural support and are willing to make some life changes. In treating autoimmune conditions a top priority is to identify and clear internal emotional stress issues as we support bodies to physically re-balance and heal. In this book you will get case details with analysis of what this strange anomaly called autoimmune is. The symptoms described in this book will show you some of its many faces and how each is unique and also similar. Various Energy Psychology and Natural Health approaches are provided herein, with sample EFT Meridian Tapping Sequences and a lengthy bibliography crossing health disciplines. Reclaim your hope that you, too, can overcome the suffering of autoimmune disorders when you know the language of your body-mind-spirit and allow them to work together!

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