



# Horse Training In-Hand: A Modern Guide to Working from the Ground

*Ellen Schuthof-Lesmeister, Kip Mistral*

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Working the horse from the ground—schooling "in-hand" as it has been known for centuries—has long been an integral part of classical horse training. Now, this gorgeously illustrated book explains in clear, step-by-step lessons how the modern-day horse owner can incorporate classical groundwork in her daily interactions with her equine partner—to both their benefit and enjoyment.

Whether schooling green or young horses; retraining problem horses or those with poor foundations; warming-up advanced mounts prior to workouts; confirming lateral movements on the ground before attempting them on horseback; or supplementing everyday under-saddle exercises, work in-hand provides a wonderful way to advance the horse's education, as well as the standard of communication between horse and handler. Its gradual progression of work on the longe, double-longe, long lines, short reins, and long reins is the perfect addition to the training program that has grown a little stale or boring; the manageable solution to countless problems that commonly arise in daily work with horses; and by definition, an equestrian art form unto itself.

With over 100 color photographs—including many detailed series shots—to demonstrate correct body positioning, and meticulously hand-drawn illustrations to guide you through the often-confusing land of lateral work, *Horse Training In-Hand* is the first book *ever* to help shed classical groundwork's mystique while conscientiously preserving its magic. Find out for yourself how schooling in-hand can give your training program a brand new look and feel, forever transforming "workouts" and "schooling sessions" into artistic endeavors that yield breathtaking results.

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