

Mood Disorders: A Practical Guide (Practical Guides in Psychiatry)

S. Nassir Ghaemi MD

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Thoroughly updated for its Second Edition, this practical guide will aid residents and clinicians in diagnosing and treating the full spectrum of mood disorders. Using the conversational style and clinical vignettes found in all **Practical Guides in Psychiatry** titles, Dr. Ghaemi explains how to accurately diagnose unipolar depression and bipolar disorder and offers specific, detailed, evidence-based recommendations on pharmacotherapy and psychotherapy.

Chapters review the pharmacology of all antidepressants, mood stabilizers, and antipsychotics in current use and point out these drugs' advantages and drawbacks in specific clinical situations. Other chapters address clinical problems such as depression, mania, and ADHD in children and the conundrum of schizoaffective disorder.

The **Practical Guides in Psychiatry** series provides quick, concise information for professionals on the front lines of mental health care. Written in an easy-to-read, conversational style, these invaluable resources take you through each step of the psychiatric care process, delivering fast facts and helpful strategies that help you provide effective and compassionate care to your patients.



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