



**THE COMPLETE VEGETABLE SPIRALIZER
COOKBOOK: Delicious Gluten-Free, Paleo,
Weight Loss and Low Carb Recipes For Zoodle,
Paderno and Veggetti Slicers! (Spiral Vegetable
Series Book 3)**

J.S. Amie

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THE COMPLETE VEGETABLE SPIRALIZER COOKBOOK: Delicious Gluten-Free, Paleo, Weight Loss and Low Carb Recipes For Zoodle, Paderno and Veggetti Slicers! (Spiral Vegetable Series Book 3) J.S. Amie

A comprehensive recipe and “how to” book for spiralized vegetable fans!

Finally available in paperback, this is Amazon #1 Best Seller J.S. Amie’s third book featuring Spiralizer recipes for those of us who want to live healthier and skinnier! **THE COMPLETE VEGETABLE SPIRALIZER COOKBOOK** explores new flavors with delicious spiralizer recipes inspired by the world’s most popular pasta and noodle dishes...but prepared without wheat or gluten!

In this book, you will learn:

- how to use the Paderno, Veggetti, and Julienne Slicers to make Spiralized meals
- how to pick the best vegetables and fruits for spiralizing
- how to choose the right spiralizer tools
- how to spiralize like a pro!

50+ OF OUR MOST POPULAR AND DELICIOUS RECIPES in the book,
PLUS OVER 200 MORE FREE SPIRALIZER RECIPES in digital format.

The recipes are presented in a beautiful, easy-to-read design so you can lay the book flat on your countertop and easily prepare your meal. All recipes include full nutritional values so you can plan according to your dietary needs.

Many recipes have full color professional photography available, either in the book or in the included digital content.

Recipes include:

- Soups
- Salads
- Sides
- Entrees
- Desserts

BONUSES

- Gluten Free, Paleo, and Weight Loss Pantries
- Vegetable Chart
- Tool Chart

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Tammi Kendrick:

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John Bledsoe:

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Patsy Locke:

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